



INSPIRED LEADERSHIP FROM HEART AND MIND SEMINAR

TUESDAY, AUGUST 9 and WEDNESDAY, AUGUST 10, 2022

Kerry Black: Approaching Conflict with Grace

Kerry is an Educator and Leadership Coach working with people in organizations to become more engaged, inclusive, and effective. Her approach is strengths-based, built on the sturdy foundation of people's natural abilities, inspiring them to be the best they can be. She was employed for over 30 years with the Calgary Board of Education, where she taught and designed curriculum, was a school Principal, hired educators, and mentored new and aspiring leaders. Currently, she works as a coach in private practice and with Better Up. She is proud to be a University Consultant with Ambrose University.



Kerry has a Master's degree in Teaching and Learning, and holds Canadian Human Resources Professional designation. She is certified to facilitate several programs that offer individuals, teams and leaders a springboard into deeper insights, to increase their skills and engage their employees, including Coaching Out of the Box[®], Personal Strengths/Strength Deployment Inventory[®], Conversational Intelligence[®], Emotional Intelligence[®], Positive Intelligence[®],

The Circle Way, and Playing Big[®]. Kerry is a member of DKG Alberta Beta Chapter.

Dr. Diana Steinhauer: Leadership and Wellness: Indigenous Practices

Dr. Diana Steinhauer, Nehiyaw/Cree, of onihcikiskwapiwinihk in Treaty No. 6 Territory, is an educator with 30 years of experience in teaching, curriculum development, and administration in K-12 schools and post-secondary institutions. Most importantly, she is a mother and first teacher of her two children. She currently serves as the President of Yellowhead Tribal College. Diana completed her Doctorate in *iyiniw pimātisiwin kiskeyitamowin* (Indigenous Peoples Knowledge) at University Blue Quills. She is particularly grateful to Elders and Knowledge Keepers who have guided and mentored her in the ancestral knowledge and ways of being as a *kise iskwew*. Recognizing the value and work of *iyiniw pimātisiwin*, Diana's work as a change agent in language, education, and governance is grounded upon her late father's



adage, *pimātisîtōtetân kimiyikowisiwininaw*, 'Let us live life the way our Creator intended for us to live'.

Caroline Kimoto: Qigong for Work/Life Balance



Caroline's curiosity about wellness and the human body led her to study exercise physiology at the University of Victoria where she received her Master's Degree. When working as an exercise therapist with those who suffered chronic pain from injury, she noticed the effect of mind, emotion, and spirit on a patient's recovery. This fueled her desire to learn about non-physical components of healing such as psychology and alternative healing modalities.

R. Randy McLeod - BSc, B.Ed.: Fishing is Fun!



Randy is a Certified Project Wild Facilitator and an Outdoor Council of Canada Level 1-2 Hiking Guide from Kimberley B.C. Be prepared to explore the outdoors from a new perspective. Wear comfortable clothes and walking shoes.